## **CONTENTS**

ORIGINAL ARTICLE
Mechanisms of the adaptive reactions development in the students' body
Sergiy Gumenyuk, Olha Hulka, Hanna Slozanska, Roman Gorbatiuk,
Petro Ladyka, Kateryna Ognysta, Iryna Hrubar
Serum irisin concentration and its association with muscle and fat mass
in aerobic and anaerobic endurance athlete men and women4
Mousa Numan Ahmad, Dalia Mohammad Abu Al Haija
The influence of bodyweight high-intensity interval training on critical velocity
and sprinting abilities in well-trained soccer players5
Nicholas Mortensen, Kristen Snyman
Fatigue thresholds as a marker for transition from aerobic-to-anaerobic
exercise intensity in intermittent sport players: an eletrophysiological study6
Ashi Saif, Zainab Khan, Adila Parveen
INCTRICTIONS FOR AUTHORS
INSTRUCTIONS FOR AUTHORS7